



Cygnets Parent/Carers Support Programme

This programme is designed for parents and carers of children and young people aged 7-18 with an autistic spectrum condition. The programme is designed to:-

- Increase participants' understanding of autistic spectrum conditions
- Help participants understand what motivates a child's behaviour
- Guide participants through strategies they can use to work with children
- Direct participants to relevant resources
- Enable participants to meet with other parents/carers

The programme will run on the dates below, from 9.30am – 12.00pm at The MIDAS Centre, Meadowfield School, Swanstree Avenue, Sittingbourne, Kent ME10 4NL:-

Tuesday 25 April 2017	Session 1	Autism and Diagnosis
Tuesday 2 May 2017	Session 2	Communication
Tuesday 9 May 2017	Session 3	Sensory issues
Tuesday 16 May 2017	Session 4	Understanding behaviour
Tuesday 23 May 2017	Session 5	Managing behaviour
Tuesday 13 June 2017	Session 6	Either Supporting Siblings or Puberty, Sexual Well-Being and Relationships (choice decided by attendees)

Numbers are limited and therefore places will be allocated on a first come first served basis. One parent or carer must commit to attending all sessions. Another parent or carer (or member of staff from the child's school) is welcome to join any or all of the above.

Presented by: Katie Skinner and Rebecca Kenny, Specialist Teachers

This programme is free to attend and refreshments will be provided

To request a place, please complete the attached booking form and send to:

midas@meadowfield.kent.sch.uk or telephone MIDAS Centre on 01795 477788, option 5

